

HALTON REGIONAL POLICE SERVICE

One Vision One Mission One Team



Halton Regional Police Service – ROCK Partnership Youth Referrals



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Mobilization



Mental Health in Halton HRPS

- **2018 – 3434** Person in Crisis calls, **263** youth aged 5-15 (133 apprehended)
- **2019 - 3816** Person in Crisis calls, **300** were youth aged 5-15 (156 apprehended)
- Mobile Crisis Rapid Response responded to over 30% of all Mental Health occurrences
- COAST review all Mental Health Occurrences plus others, and responded to 440 adult clients



Mental Health in Halton HRPS

- Great partnerships with CMHA Halton (COAST) and St Joseph's Healthcare Hamilton (MCRRT)
- Crisis Intervention Techniques Training
- Community Safety and Well-Being Plan



Mental Health in Halton ROCK

- Reach Out Centre for Kids (ROCK) has been in the community since 1972, providing services to children, youth and families to promote and achieve mental health
- **2017/18 - 8660** total clients served and total clients served in Crisis **520**
- **2018/19 – 8349** total clients served and total clients served in Crisis **418**



What was MISSING?

- Opportunity to connect more children/families to services
- Ensuring Youth and families who had police contact were connected to services (Police response to youth – Apprehend/Arrest, or verbally provide information on services)
- A formal/legal information sharing agreement



What did we (HRPS/ROCK) do?

- Senior Management discussions
- Legal Considerations – sharing/consent
- Memorandum of Understanding (May 2019)
- ROCK Police Portal Development (secure)
- Pilot (August - Mobile Crisis Units)
- Pilot (November - District Community Officers, High School/Elementary Officers)



Police Response/Options

- Mental Health/Crisis Call (involving youth 15 years and under?)
- Apprehension under the Mental Health Act.....or arrest?
- Immediate Phone contact with ROCK Crisis Line
- ROCK Permission to contact Referral





Police Response/Options

- Review ROCK Crisis Services
- Crisis Line call?
- Obtain consent for ROCK to contact by Phone, Email, Text
- Copy to child/family
- Scan/send copy of form through secure ROCK Police Portal

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 **HALTON CHILDREN AND YOUTH MENTAL HEALTH CRISIS PROTOCOL**  **PERMISSION TO CONTACT REACH OUT CENTRE FOR KIDS**

I, _____ understand and give my consent to be contacted by Reach Out Centre for Kids (ROCK).

Halton Regional Police Service member:

(Emp. # _____) has reviewed ROCK's crisis services with us and provided us with the opportunity to ask questions. We consent to having our information forwarded to ROCK for follow up contact.

Authorized Communication Methods | Select all that apply and provide contact information:

Phone: _____
 I grant permission for ROCK to leave messages on my voice mail.

Email: _____

Text: _____

ROCK's confidential crisis line is available 24/7 905-878-9785

Attention: HRPS members: Please scan and send to ROCK through the ROCK Partner Portal at <https://rockpartnerportal.covote365.com>. (PRINTER: the "Attention HRPS members:" sentence is to be printed on the top page *ORIGINAL: HRPS* only).

CPS-013A (Jan 20) Distribution: Original: HRPS Copy: Client



ROCK Process

- Review referrals on secure ROCK Police Portal – check consent
- Screen entries for existing files
- Contact with Youth/Family within 24 hours
- Review consent



ROCK Process

- Document if Client "**Accepts Service**", "**Declines Service**", "**Declines Service-no response**"
- Offer phone/in office support, route to appropriate internal or external service(s)



Results

- 17 referrals through ROCK Police Portal/Phone Support
- 11 children/families receiving ongoing supports through ROCK (Crisis Services, Brief Therapy Sessions, Community Programming)
- Referral gaps identified



What's Next

- Update Forms/Policy
- Service Wide Implementation
- Monthly ROCK/HRPS meetings



Questions?

Reach Out Centre for Kids (ROCK) - Burlington

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